### **Contact Information**

"To create the solutions of tomorrow, we need to change our thoughts about the world to truly change the world.

Thank you to both
The University of Texas at Tyler and
TJC for such a wonderful experience;
I will never be the same."

Marc Randle Graduate student, scholarship recipient, UT Tyler



John Hays 903-510-2457 Jenkins Hall, Room 172, TJC main campus jhay@tjc.edu

tjc.edu/costarica





### INSURANCE

Health, accident, baggage, and trip cancellation insurance is strongly recommended and is available from any travel agent.

### CONDITION AND RESPONSIBILITY

This trip is a community service project designed to improve education and infrastructure in Costa Rica. TJC considers the health and safety of its students studying or traveling abroad to be a top priority. The ability to remain healthy and safe while overseas is paramount to a successful trip experience. Because TJC wants you to enjoy a successful and rewarding experience, we are informing you of the requirements of this trip. This trip is designed to transform and change lives through both educational services and physical labor. Accordingly, both the physical and English speaking requirements set forth herein must be met by all participants.

First, this trip involves teaching the Costa Rican people. TJC students will be teaching English, and other subjects. Although participants are not required to be native English speakers, or citizens from native English speaking countries, each participant must be able to speak English fluently and without a thick non-native accent. One of TJC's main missions on this trip is to provide a quality educational experience for the Costa Rican people, thus the ability to teach in fluent English is required.

Further, each participant must be able to perform physical labor, sometimes in stressful environments, adverse weather conditions, and extreme temperatures. Each participant must be willing to serve long hours and deal with sudden, unexpected changes. Much travel and work will be by foot and will be physically demanding. This trip involves inherent risks, as it includes physical labor, adventure activities, and extensive walking. The outdoor activities involve/include events that may be held in possibly heavy rain or flooding conditions. Some of the hazards inherent in the activities required on this trip include but are not limited to temperature extremes, fatigue, aches/pains, dehydration, diseases from untreated water, viruses or diseases from insects, bruising, blisters, and other temporarily disabling injuries. Participants will be required to take part in construction activities, heavy lifting, shoveling, and planting of trees. In addition to environmental risks, there are other risks which include psychological distress, accidental separation from the group, and the inability to communicate with friends and family in the United States.

# PROJECT BISTA BISTA

May 13-22, 2019







# **Itinerary** (subject to change)

- May 13 Leave Tyler early for transfer to Dallas Love Field via SWA. Arrive in Liberia, Costa Rica at 2 p.m. Transfer to hotel, settle in, group dinner in Liberia.
- May 14 Full day at various project sites (Quebrada Grande, San Antonio and Las Lilas).
- May 15 Full day at various project sites with horseback riding. Despedida dinner.
- May 16 La Fortuna shopping and lunch.
- May 17 Hanging Bridges, Lago Arenal and overnight stay at thermal baths at Tabacon.
- May 18 Tabacon to Monteverde Lodge.
- May 19 Depart Monteverde. Arrive at Tamarindo Playa.
- May 20 Side trips to Tamarindo, beach, etc.
- May 21 Leave beaches for Liberia hotel
- May 22 Leave Liberia for return trip to Dallas.

### Note:

Costa Rica does not require a visa for the travelers with an American passport.

# **Scholarships**

A partial scholarship of \$1,000 per student is available to TJC students.

- An essay of no less than two pages (4 copies) that:
  - Describes your educational goals, and
  - How those goals blend with the TJC promises:
    - 1. A quality education
    - 2. A vibrant student life
    - 3. Community service
- An official transcript from the registrar (4 copies)
- One letter of recommendation from a teacher with cover page (name, address, telephone) entitling the packet (4 copies)

Submission deadline: Jan. 31, 2019. Recipients will be chosen by committee and notified by Feb. 6, 2019.

Visit tjc.edu/costarica for more information.

# **Trip Package**

Includes: Accommodations, two meals a day, entrance fees, land transportation within Costa Rica and USA, hotel transfers, administration fees and orientation costs

Not included: Optional activities, gratuities, tips to guides/drivers, personal expenses, medical expenses, souvenirs

# **Reservation Form**

Please PRINT clearly and accurately all of the information requested. Name must be exactly as it appears on your passport.

Last name	
First name	
Address	
City/State/Zip	
Phone (cell)	
Date of birth	
E-mail	
Passport #	Exp. date
Signature	
Exact name on passport	

The cost of the trip is \$2,300 per person, based on double occupancy. This does not include insurance.

The first deposit of \$100 is non-refundable.

- First deposit: \$100 Due by Nov. 26, 2018 (non-refundable)
- ☐ Second deposit: \$1,000 Due by Jan. 31, 2019
- ☐ Full/final payment: Due by Feb. 11, 2019