

BE WISE — IMMUNIZE PROTECT YOURSELF FROM CANCER

**FREE
HPV shots
on campus
March 7**



HPV vaccine prevents cancers.

- ▶ The HPV9 vaccine protects against 7 strains of human papillomavirus (HPV) that can cause cancer and 2 that cause genital warts.
- ▶ Your best defense: Get the HPV vaccination series.

It's not too late for young adults and older teens.

Doctors recommend HPV shots in adolescence, but remember:

- ▶ Males and females can get the shots until age 26.
- ▶ 3 shots are needed for full protection if you start getting them at age 15 or older.
- ▶ The vaccine will help even if you've been sexually active.

HPV Facts

Human papillomavirus is a common infection. 80% of people in the U.S. will get HPV, most as teens or young adults.

HPV usually clears up on its own, but cancers can show up years later in people infected with HPV.

HPV can cause:

- ✓ Cancers: cervical, throat, anal, penile, and more
- ✓ Genital warts

30,000+ people get cancer from HPV every year in the U.S.

Talk to your doctor or college health center about getting the HPV vaccination and any other shots you may need.

Vaccines for college students:

- HPV
- Flu shot (every year)
- Meningococcal (meningitis)
- Tdap (tetanus/lockjaw, diphtheria, and whooping cough)

Most insurance companies, the Texas Vaccines for Children program, and the Adult Safety Net program pay for HPV vaccine.

Be Wise — Immunize is a joint initiative led by TMA physicians and medical students, and the TMA Alliance. It is funded in 2018 by the TMA Foundation thanks to H-E-B, TMF Health Quality Institute, Pfizer Inc., and gifts from physicians and their families.

Be Wise — Immunize is a service mark of the Texas Medical Association.

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