



PUNT, PASS, AND KICK COMPETITION

Regulations published in the Tyler Junior College Rec Sports Handbook will be the governing policies for all intramural sports. Participants are responsible for possessing a thorough understanding of these regulations and their implications.

1. ELIGIBILITY

- a. All participants must meet the eligibility standards as outlined in the Rec Sports Handbook.
- b. Proper identification must be presented to the intramural staff prior to participation at the event site.

2. OBJECTIVE

- a. The objective of this event is to combine football skills in distance in each category.
- b. Each participant is to attempt to punt, pass, and kick the ball as far down the field.

3. DIVISIONS

- a. There will be a Men's and Women's division offered.

4. EQUIPMENT

- a. Participants will only be permitted to use footballs provided by the intramural staff for each competition. Participants may bring their own football to **warm up**.
- b. Kicking tees will be provided.

5. RULES AND SCORING

- a. Participants will start off with a punt, then rotate to a pass, and finish up with a kick.
- b. A score is determined by the distance down the field. The spot is marked where the ball first contacts the ground. *Yardage will be rounded down to the nearest yard.*
- c. Participants will each be given **2 attempts** in each category – the punt, pass, and kick, and the top score of each category will count toward the participant's total score.
- d. The participant must have both feet behind the goal line at the time of the kick/release. One "fault" will be allowed per category.



e. The participant's final score will be the combinations of his or her best punt, best pass, and best kick. Since each participant is given 2 attempts per category, there will be no additional tries.

f. Each participant will have the option to have 1 "practice" attempt per category. This must be declared before the attempt and cannot be changed to an "actual" attempt afterwards.

g. The participant with the highest score combination of his/her punt, pass, and kick will be the winner. The overall top female and top male will each receive an Intramural Championship shirt or a prize.