



3-POINT AND FREE THROW COMPETITION

Regulations published in the Tyler Junior College Rec Sports Handbook will be the governing policies for all intramural sports. Participants are responsible for possessing a thorough understanding of these regulations and their implications.

1. ELIGIBILITY

- a. All participants must meet the eligibility standards as outlined in the Rec Sports Handbook.
- b. Each participant must present a valid TJC Student ID with the proper sticker in order to be eligible to participate.

2. DIVISIONS

There will be two divisions, with a winner declared for each division:

- a. Men's
- b. Women's

3. EQUIPMENT

All balls will be provided on site. Participants may warm up with their own ball, but must use Rec Sports basketballs for competition. Females may opt to use either size basketball.

4. REGISTRATION

- a. Registration will be done on site on the day of the competition at the OHPE Center in Gentry Gym.
- b. Upon completing registration, the participant will then proceed to their respective contest.
- c. Participants have the option to either or both competitions, and in any order.

5. FREE THROW COMPETITION

- a. Each participant will be given twenty-five (25) free throw attempts.
- b. Participants are allowed to attempt no more than two (2) practice shots before the event begins. Practice shots must be declared before the shot is taken and may not be changed to actual attempts.
- c. Two scores will be calculated:
 - i. Total number of shots made
 - ii. Most consecutive shot made (for use in tie-breaker situations)



6. 3-POINT COMPETITION

- a. Each participant will have four (4) racks of four (4) basketballs to attempt. These are located at each corner, and at the two (2) midway points between each corner of the 3 point line.
- b. The participant will have forty-five seconds (:45) to attempt all twenty (20) shots.
- c. The first four (3) balls on each rack will be worth one (1) point. The fourth (4th) ball will be a “money ball” and will be worth two (2) points.
- d. An official will be present to record all shots as makes or misses.
- e. In order for a try to be successful, the participant must have both feet behind the 19’9 line when he/she begins their attempt. If the participant has a foot on the line or in front of the line, the shot will not be counted, and will not be redone.
- f. No shot will be counted if it is released **AFTER** the horn sounds. (The ball must be in flight when time expires for the attempt to count.)
- g. In the event of a tie, a tie breaker will be determined by:
 - i. Number of “money balls” made
 - ii. Number of consecutive shots made
 - iii. If there is still a tie, then multiple winners will be declared.